



## Filling in the Eyes of a Kachi-Daruma



### 1. Select your winning Kachi-Daruma

Choose a Kachi-Daruma that you feel particularly drawn to.



### 2. Specify your immediate goal

Write the immediate goal you would like to achieve over the next year on the back of the Kachi-Daruma.



### 3. Specify your overall goal

Write an overall life goal-from which the immediate goal stems - on the bottom of the Kachi-Daruma.



### 4. Offer your thanks

Take a few incense sticks, and focus your prayers on the people or things related to your goal.



### 5. Bathe the Kachi-Daruma in incense

Bathe the Kachi-Daruma in the smoke of the incense, which is now the transcended form of your prayers.



### 6. Commit yourself to your goal (by filling in one eye)

Vow that you will make no compromise and spare no effort in achieving your immediate goal, and then fill in the Kachi-Daruma's right eye (on your left when facing the Kachi-Daruma).



### 7. Complete the Kachi-Daruma (by achieving your goal)

After you have achieved your goal, fill in the Kachi-Daruma's left eye (on your right when facing the Kachi-Daruma) as proof of your achievement.



### 8. Report your achievement and dedicate your Kachi-Daruma

After reporting on your achievement at the main hall, and after offering your feelings of appreciation, dedicate your Kachi-Daruma to the temple by placing it on the special dedication shelf.